

Living with Certainty:
Experience *Deep-Soul Joy*

Authenticity Spirituality Discovery

Kristi LeBlanc

Contents

Introduction

Part 1 The *Living with Certainty* Philosophy

Chapter 1: Hard, but Happy Work

Chapter 2: Your *Deep-Soul Joy*

Chapter 3: Your *Spiritual Power Frequency*

Chapter 4: Signs, Signals, Symbols, and Synchronicities

Chapter 5: Static

Part 2 Discovering *the Life the Universe Always Intended for You to Live*

Chapter 6: Your *Inspired Soul-View*

Chapter 7: Awareness

Chapter 8: *Universal Interconnectivity*

Chapter 9: Meditation

Chapter 10: Your Purpose and *Purposeful Authenticity*

Chapter 11: Your *Internal Instruction System*

Chapter 12: Inspiration and Creativity

Part 3 The *Living with Certainty* Lifestyle: The *Energy Enablers*

Chapter 13: Spiritual Energy

Love * Self-Awareness and Self-Love * Compassion * Service *

Allowance and Surrender * Revelation and Enlightenment * Acceptance *

Prayer * Peace * Silence and Solitude * Communing with Nature

Chapter 14: Mind and Thoughts

Morality * Honesty, Truth, and Facts * Intention * Openness * Clarity *
Choice * Courage and Confidence * Affirmations * Kindness and
Tolerance * Optimism * The Law of Attraction

Chapter 15: Actions

Risks and Leaps of Faith * Effort and Excellence * Commitment,
Persistence, and Perseverance * Change * Learning * Deceleration and
Balance * Simplicity * Goal-Setting and Planning * Responsibility *
Well-being * Karma * Using Luck * Journals and Writing * Travel and
Exploration

Chapter 16: Relationships

Family and Teaching the World's Children * Teachers and Wise Counsel
Personal Power * Harm No One * Your Ancestors * Boundaries * Pets

Chapter 17: Beliefs

Conscious and Subconscious Beliefs * Faith and Trust * Limitless
Abundance and Your Dreams * Receptivity * Visualization * Hope *
Convictions * Expectations

Chapter 18: Gratitude

Appreciation * Count Your Blessings Every Day * Grace and Reverence *
Celebrations * Giving and Generosity * Rituals * Honor and
Commemoration

Chapter 19: Progress

Legacy * Endurance * Freedom * Evolution, Transformation, and
Becoming * Patience * Prioritization * Humor

Part 4 What's Holding You Back?

Chapter 20: Ego

Chapter 21: Negative Thoughts

Chapter 22: Conditioning

Chapter 23: Failure and Regret

Chapter 24: Adversity and Problem Solving

Chapter 25: Criticism

Chapter 26: Measuring Up

Chapter 27: Forgiveness

Chapter 28: Doubt

Chapter 29: Denial

Chapter 30: Skeptics

Epilogue